

Lyris Bacchus Steuber, MS, LMFT – MT 2075  
515 Harley Lester Lane  
Apopka, FL 32703  
Ph: 407-417-7770, Fax: 407-862-4820

To be completed by each partner

Name: \_\_\_\_\_

1. What is the problem that led you to come to therapy? \_\_\_\_\_  
\_\_\_\_\_

2. How long have you been with your partner? \_\_\_\_\_  Married  Divorced  Dating  Separated

3. What was the very beginning of your relationship like? \_\_\_\_\_  
\_\_\_\_\_

4. What was your first disillusionment about the relationship? \_\_\_\_\_  
\_\_\_\_\_

5. How are the two of you similar, different? \_\_\_\_\_  
\_\_\_\_\_

6. Are there certain conflicts that seem to arise again and again?  Yes  No Are they resolved?  Yes  No

If so about what? \_\_\_\_\_

7. What do you do where there is a conflict? \_\_\_\_\_

What does your partner do? \_\_\_\_\_

8. Do you spend time alone?  Yes  No What do you do? \_\_\_\_\_

9. Do you have friendships with people that your partner does not approve of?  Yes  No

10. Does this create conflict for you two?  Yes  No How? \_\_\_\_\_

11. On a scale of 1-10 how comfortable are you with expressing your innermost thoughts and desires to your partner? \_\_\_\_\_

12. Do you feel like your partner listens to you?  Yes  No

12. Do you get support and encouragement from your partner?  Yes  No If so how? \_\_\_\_\_  
\_\_\_\_\_

Couples Questionnaire

14. Do you and your partner have different parenting styles? Yes  No

15. Does this cause conflict between the two of you. Yes  No

13. Use 3 words to describe your sexual relationship. \_\_\_\_\_

14. What do you find most satisfying about it? \_\_\_\_\_

15. What do you find least satisfying about it? \_\_\_\_\_

16. What is one thing you would like to see different about your sexual relationship? \_\_\_\_\_

\_\_\_\_\_

17. Do you have common goals, projects, activities (church, travel)? \_\_\_\_\_

18. What are your strengths as a couple? \_\_\_\_\_

19. What are your weaknesses as a couple? \_\_\_\_\_

18. If you could wake up tomorrow and something would be different about your relationship, what would it be? \_\_\_\_\_